

Preparing Communion at Chapel in the Pines

When preparing the elements, please be mindful of healthy food handling practices.

Preparing Communion

1. Please arrive with the communion elements twenty minutes before the service to ensure timely set up.
2. We use **gluten free** bread and 100% grape juice.

Canyon Bakehouse Hawaiian Sweet variety is well liked.

A single 12-15 oz loaf will make approximately 70 large cubes by cutting the bread into 6 pieces per slice. Place the cubes into large Ziplock bags to bring to church.

Two bags should be enough for the 10:00 service and there may be frozen bread from previous services in the freezer available to use.

A small loaf of unsliced soft-crust bread from a bakery section of a grocery store (Lowes Foods) should be purchased. This does not have to be gluten free and **should not be cut**. The minister will break the bread during the liturgy.

Setting up for Communion

Plates, chalices, and bowls are in the labeled cabinet next to the refrigerator. The large pitcher, one chalice, and the plate are on the communion table in the sanctuary.

Pour cubed bread into three ceramic bowls for distribution during communion. One of these bowls will be for extra bread if needed. Cover the bowls with a folded white napkin, found in the drawer next to the refrigerator.

Pour about 2 cups of juice into the large pitcher and about 1 cup into each of the two chalices. Place the loaf on the plate covered with a folded napkin.

Serving Communion at Chapel in the Pines

Serving Communion (10:00am)

1. At the pastor's invitation, two PAIRS of servers come forward.

One pair of servers will stand on the front right of the communion table and the other pair on the left. Of each pair, one server will offer the bread, and one server will offer the chalice.

2. As people come forward. Greet them by name, if possible, with the words,

“NAME”, the Bread of Life

“NAME”, the Cup of Salvation

3. After all have been served, the servers will serve each other and replace the bowl and chalice on the communion table before returning to their seats.
4. The Traveler. A fifth server takes the pair of prepared chalices (one with bread and one with juice) and offers to serve anyone in the congregation who is unable to come forward. The traveler then offers communion to anyone in the narthex (ushers/deacons/elders) and to the nursery workers and the children in the nursery. After being served by an usher in the narthex, the traveler then returns the chalices to the kitchen.

Note: There is an extra bowl of bread and an extra chalice on the small table for additional bread if needed. The extra chalice is for use if bread falls into either of the other chalices when the bread is dipped, or if you feel the juice needs to be refreshed.

Use the tall chalices for the traveler. Fill one with bread and pour juice in the other one.

On the communion table

Large pitcher with 2 cups of juice

Large loaf on the plate

Two bowls of bread

One full chalice and one empty chalice

On one of the side tables

Two tall chalices (one with bread and one with juice)

Replacement bowl of bread

Replacement chalice of juice

After the Service

After the service, discard the juice in the pitcher and chalices. Any leftovers from the service should be placed in the Ziplock bags and put in the freezer. You may take the loaf home if you wish.

Please wash the chalices, the pitcher, as well as bowls and plates used during the service. Use the liquid dish detergent and cloths that you will find in the small kitchen off the narthex. Dry and carefully place the clean communion dishes back into the labeled cabinets next to the refrigerator. Replace one chalice, the plate, and the large pitcher to the communion table in the sanctuary.

Examine the communion napkins for stains and remove and launder if necessary. Clean linens can be returned to the drawer.