

## Communion Preparation

The first Sunday of the month is Communion Sunday. Please arrive with the communion elements **by 9:15 a.m.** to ensure timely set up of the worship table.

To streamline preparation the servers will be responsible for preparing, setup and cleanup the communion elements.

**At this time we are using gluten free pita or bread with no nuts or seeds. We are also using grape juice (no substitutions or grape blend juices please).**

### **PITA:**

The pita is made by Mediterranean Deli located on W. Franklin St. in Chapel Hill. The pitas are made from garbanzo beans. They are gluten free and without nuts or seeds. Buy two packages.

### **BREAD:**

We use Udi's plain white bread that is gluten free and without nuts or seeds. It can be found in the frozen bread section at Harris Teeter and is already sliced. A single loaf will make approx. 80-90 1" cubes. Purchase two loaves of Udi's.

Cut the pita or bread into ice cube-sized pieces. Pour into three (3) ceramic bowls for distribution during communion. Cover each bowl with a folded white napkin. Leave napkin quartered (don't wrap around bowl) for easy removal. Place two bowls on communion table. The third is an extra that we place on small table closest to piano.

You'll also need to buy a loaf of unsliced crusty bread (French, Italian or Sourdough) from the bakery section for the pastor to use in the Great Invitation. This bread is not used as a communion element, and does not have to be gluten free.

**Partially cut** the whole loaf that you get from the bakery section. The pastor will finish tearing the bread during the Offertory portion of the service. Place on large ceramic plate, cover with linen napkin and set communion table.

Purchase one liter bottle of grape juice and pour into ceramic pitcher and one of the chalices on the communion table. The second chalice should remain empty since the pastor will fill this chalice during the Offertory portion of the service. Cover the pitcher and the chalice with juice with a folded white napkin (don't unfold napkins).

In addition prepare some elements for the child care workers. **We use two chalices (easier to carry).** Place 6-8 cubes of bread in one chalice and very small amount of juice in the other chalice. **You'll place these two chalices on the end of the**

**communion table closest to the piano side.** Cover each chalice with a folded white napkin.

When the service is over, give the pastor a small portion of bread pieces in a plastic bag and a bottle (or portion of a bottle) of grape juice for homebound communion distribution. Please prayerfully discard the juice in the chalices and any remaining bread cubes. You may take the remaining loaf that the pastor tears in half home if you wish.

Please wash the chalices, pitcher, as well as bowls and plates used during the service. Use the liquid dish detergent and clothes that you will find in the wooden cabinet with the altar ware. Dry and carefully place the clean altar ware back into the cabinets next to the refrigerator.

Examine the communion tablecloths and napkins for stains and remove to be laundered and ironed as needed. If clean return the linen napkins to the drawer next to the refrigerator. The tablecloth has most recently been kept in the back storage/sound closet in the back of the sanctuary.

Thank you for assisting in this most important part of the worship service!

The Worship Committee

Revised 01-0-17